Welcome to TRUCKING page 9

Caring as a career HEALTHCARE page 7

Joy of learning LIFE & LEISURE page 10

Fire up your future WELDING page 8

Visit us at iwcc.edu/ce
grow your career skills with FREE training

There's no time like today to make a positive change in your career. Education 2 Employment provides FREE tuition assistance to eligible Iowa residents who would otherwise not be able to afford job training. There are many career programs to choose from. Look for the icon next to the program title!

CUSTOMIZED TRAINING & APPRENTICESHIPS
Delivering customized training and apprenticeships to address workforce needs throughout all industries.

Frequent training areas:
• Management and Supervision
• Computer Skills
• Sales and Marketing
• Language/Communication
• Technical/Maintenance/ Mechanical/Operations/LEAN
• (CEAM) Centers of Excellence in Advancement Manufacturing,

dewd@iwcc.edu | 712.325.3705
iwcc.edu/business/

MAKING A DIFFERENCE FOR IWCC

Economic Development
Working with SW Iowa manufacturers, distributors, and other eligible industries to provide the resources and training through 260F and 260E state-funded programs.

Intermediary Network Program
Connecting high school students and educators in 7 counties in Southwest Iowa with local business and industry through work-based learning activities.

Facility Rental
If you have an event and need space to rent, we have small, medium and large group settings available.

Continuing Education
Offering non-credit programs for career, professional and personal development to help you achieve your individual or organization’s goals. Train for a new career, update your skills or learn for fun!

Small Business Development Centers
Providing no cost, one-on-one, business advice and resources to help with business planning, business startup checklists, to help with business planning, business advice and resources.

Adult Education
Training for Adult Basic Education (ABE), English as a Second Language (ESL), and High School Equivalency Diploma (HSED).

BUSINESS & IT
• Administrative Assistant
• PC Technician Comp TIA
• Network +

EMERGENCY SERVICES
• Emergency Medical Technician EMT
• Emergency Medical Responder EMR
• Paramedic
• Critical Care Paramedic

EDUCATION
• Paraeducator Generalist

TRADES & MANUFACTURING
• Construction Technology
• HVAC/R Maintenance
• Industrial Technology
• Residential Plumbing
• Solar Installation
• Intermediate Welding

TRANSPORTATION & LOGISTICS
• Class A CDL Truck Driving

& THE Community

BRAD has been in trucking for 25 years. When he saw that Iowa Western was starting a truck driving program he wanted to be part of it and make it as successful as the school that he attended. Truck driving is a high-wage, high demand career. Employers need drivers, and the new truck driving program will help fill this need. The program meets all FMCSA ELDT guidelines and combines classroom, hands-on learning, and lots of in-truck practice to get the experience students need. It prepares students for the CDL exam administered by our 3rd party examiner at the conclusion of the course. The students success and hearing they enjoy coming to class is what Brad finds most rewarding about being an instructor. The CDL program is approved for FREE tuition assistance for eligible Iowa residents through Education 2 Employment. Assistance may include training tuition, textbooks, tools, certification fees, materials and other services!

1. SEE IF YOU’RE ELIGIBLE.
   Along with being 18 years of age or older, a resident of Iowa and having your high school diploma, your household income, household size and skill level will be assessed.

2. APPLY FOR THE PROGRAM.

3. COME IN WITH QUESTIONS AND LEAVE WITH A PLAN.

4. ENROLL IN YOUR CHOSEN PATH

Your Pathway Navigator, Amanda, will be your one-on-one advisor to help you along the way and to ensure the program you choose is the best fit for you.

Call or email her today, and she will help you through the process.

712.256.8800 | aoloff@iwcc.edu

iwcc.edu/business/
Reboot your career. Showcase your value. Find a more fulfilling role.

**Business/IT/Computers**

- **Administrative Assistant**
  Develop the skills you need to succeed!
- **Bookkeeping**
  If you enjoy crunching numbers this might just be the career for you. Prepares you for the Certified Bookkeeper Examination.
- **Help Desk**
  Help desk support specialist is a solid career field with many opportunities for employment. Voucher offered to take test to become IC3 Certified.
- **PC Repair and Comp TIA**
  A fast-growing field. Learn the skills necessary to be a successful entry-level IT professional in today’s environment.
- **Network**
  Provide technical assistance by diagnosing computer problems as well as troubleshooting hardware, software, and computer networks.
- **Web Design/Graphic Design**
  Enhance your knowledge of software every designer needs to know. Hands-on projects focus on professional design projects.

**Free Online Classes!**

- **Smart Start Workshops**
  Thinking of starting a business? The Small Business Development Center SBDC offers FREE 2-hour rapid fire courses providing important steps in starting a business.
- **Beginner Leadership Series**
  This series focuses on conflict resolution, dealing with difficult people, essential skills of leadership, delegating skills, and more!

**Leadership Series Business Consortium**

If you are currently in a leadership role or aspire to be, this certificate will give you the tools you need to lead your team to success. Our instructors bring energy and experience, making training workshops interactive and enjoyable. Take all and receive 1 class for FREE:
- **Difficult Conversations**
- **Performance Management**
- **Communication Effectiveness**
- **Managing Change**
- **Managing Conflict**
- **Workplace Culture**
- **Multigenerational Diversity in the Workplace**
- **Creating a Culture of Feedback**
- **Cross Cultural Communication**
- **Succession Planning**
- **Incorporating Diversity & Inclusion into your Workplace**

**Excel**

Employers highly value employees with Excel Skills. Beginning, Intermediate and Advanced classes are offered.

**Social Media Marketing & Selling**

A must for all business!

**Coaching Authorization**

Become a coach in less than a month! Our instructor is experienced, highly qualified and passionate about coaching. The course leads to a coaching authorization for the state of Iowa and will allow you to be head or assistant coach in any sport. This online class consists of one week pre-homework, one week Zoom Webinar, and one week post home-work. You must register at least one week prior to start date of class.

**Coaching Ethics**

Online, start anytime! This course is designed to satisfy the five (5) contact hour coaching ethics requirements of the Iowa Department of Education for a coaching authorization or renewal.

**Coaching Renewal**

Online, start anytime! This course is designed to help you achieve the requirements for the Coaching Renewal in the state of Iowa. During your course, you will spend time with five current issues in coaching today.

**Paraeducator Generalist**

The course is a 90-hour program developed to train individuals to work under the supervision of teachers or other licensed personnel in the classroom setting. Convenient classes to fit a busy schedule. Our program meets the Iowa Board of Educational Examiners requirements. The program is offered as a hybrid course with Zoom sessions and online work.

**Substitute Authorization**

If you have a Bachelors, Associates, or Paraprofessional Educator’s license YOU can become a substitute teacher. Choose from several start dates. Iowa Western offers the Board of Educational Examiner’s approved Substitute Authorization course, which allows an individual to substitute in a K-12 institution for no more than five consecutive days in one job assignment. All students must arrange and complete two classroom observations with the school of their choice.

**Schools need you! Be an educational leader by helping your students succeed.**

Iowa Western has partnered with Ed2Go to provide affordable and helpful ONLINE programs.

**EDUCA TION**

**POPULAR CLASSES**

- Accounting Fundamentals Series
- Aging and Health Bundle
- A-Z Grant Writing Series
- Certified Six Sigma Black Belt
- Genealogy Basics
- Human Anatomy & Physiology
- Speed Spanish
- Activity Director
- Accounts Payable Specialist
- Certified Paralegal

**Register Online**

[ed2go.com/iwcc/](ed2go.com/iwcc/)
EMERGENCY SERVICES (EMS)

Use your skills to treat acute illnesses and work in traumatic situations alongside firefighters and other medical personnel. Save lives.

Emergency Medical Technician EMT
This course emphasizes the development of student skills in a patient assessment-based program, recognition of signs and symptoms regarding illness or injury, and the proper procedures when rendering emergency care to the sick or injured.

Advanced Emergency Medical Technician AEMT
The primary focus is the basic and limited advanced emergency medical care and transportation for critical and emergent patients who access the emergency medical system.

CPR & First Aid
American Heart Association

Pediatric First Aid and CPR/AED courses fulfill the needs and requirements for a Child Care Provider or Foster Parent.

Paramedic
Paramedics provide the highest level of pre-hospital emergency care. The standards prepare the EMT and AEMT for the more advanced scope of practice of the paramedic.

Critical Care Paramedic
The course covers the Iowa scope of practice and will lead to eligibility to obtain a Critical Care endorsement on an Iowa Paramedic license.

FREE Classes for Families
Caring for Loved Ones at Home
Join us as we demonstrate “how to” interventions and discuss “tricks to the trade” to best support families on their journey of caregiving at home.

Living with Alzheimer’s Classes
Being diagnosed with Alzheimer’s disease is life-changing and leads to many questions. Learn what you need to know to navigate this chapter of your family’s life.

- For People with Alzheimer’s
- For Caregivers: Early Stage
- For Caregivers: Middle Stage
- For Caregivers: Late Stage

Preregistration is preferred for these free classes.

Paid Nutritional Assistant
This 8 hour course is designed to help current facility employees achieve skills necessary to safely assist their residents with feeding, allowing the nurse aide to perform skilled care to other residents.

IV Therapy for LPN
Earn contact hours! This course is for the Iowa LPN with an active Iowa license.

Food Safety/Serv Safe
Prepares you to safely administer non-parenteral medications.

DENTAL

Recent and practical courses that meet the needs for employers, are not healthcare providers and meets the needs for employers, coaches, law enforcement and family members.

BLS Provider course is required for EMS providers, nurses, firefighters, other healthcare professionals, and for students in a healthcare program.

BLS New Instructor course requires you have a current AHA BLS provider certification and be proficient in skills of CPR/AED.

CPR Instructor Renewal course is required to continue teaching. You must have a current BLS with minimum of 4 classes taught in 2 year renewal period.

Online options available! Contact us for more information. ce@iwcc.edu

HEALTH & PUBLIC SERVICES

Preparing individuals to be tomorrow’s healthcare professionals. Providing the very best programs for renewal, caring for family members, or career advancement.

CAREERS
Are you an Iowa Resident? You may qualify for FREE tuition for the following Career programs!

- Certified Nurse Aide CNA
- Certified Nurse Aide Refresher
- Advanced CNA
- Certified Medication Aide CMA
- Phlebotomy
- Pharmacy Technician
- Sterile Processing Technician
- Community Living Professional

NEW advanced training certificate for direct care professionals. Learn how to care for people of all ages within In-Home and Community-Based Living.

- Mental Health Technician I

NEW program to prepare you in the theoretical and clinical practice to assist patients receiving care in a mental and behavioral health unit.

CHECK CLASS DATES

FREE tuition qualifies for these Career programs!

~ eligible for tuition assistance; see page 3
TRADES & MANUFACTURING

Workforce skills offer rewarding challenges and financially stable work when you train for in-demand jobs. Advance to the next level. Welding classes will held at the NEW Business & Community Training Center at 2120 23rd Ave, Council Bluffs.

Cosmetology
4 CEUs and 2 hours of Iowa Law.

Intermediate Welding
Get the needed skills quickly so you can enter the workforce as an entry-level welder. You’ll get lots of hands-on practice in the areas of SMAW (stick) and GMAW (MIG).

Construction Carpentry
HVAC/R Maintenance
Industrial Technology
Residential Plumbing
CEAM
Industry partners and Iowa Western have established a 2 year non-credit certificate program called the Center of Excellence for Advanced Manufacturing or CEAM. It is designed to meet and sustain the needs of current and emerging advanced manufacturing companies. Offered in Clarinda, Council Bluffs and Harlan.

Tire Tech
This course will teach you everything you need to know about tires and how to change oil.

WELDING

Individual class offerings for hobbies, repairs, or to improve your current skills.

Welding Workshop Introductory
Welding Workshop Beginning
Welding Workshop Intermediate
MIG Welding Basics
Stick Welding Basics
TIG Welding Basics

LEAN
This powerful cost reduction training is more than a class, it’s an instruction in tools, methods and techniques that can be immediately applied to organizations and make positive impacts to the bottom line.

609 Certification
This course is designed to help technicians understand the environmental impact and the proper service procedures for Cab A/C Service.

Fox Block Certification
By getting this certification contractors gain experience, higher level wallet cards are earned, and Fox Blocks will make appropriate recommendations for future jobs for qualified installers.

Automotive Basic Class
This course will teach you the basic knowledge of any vehicle and how it operates and what signs to look for when not operating correctly.

OSHA
Email ce@iwcc.edu for more information.

Supply Chain Management
110
NEW! Meets in person and virtually. With a special emphasis on freight transportation this hybrid class takes a high level look at factors that influence cost and performance. Students will have the opportunity to take part in real world transportation related exercises.

High School Driver Education
Learning to drive is a major milestone in a teenager’s life. The Iowa Western course is required for anyone under 16 wanting a moped license. Moped Safety satisfies the Iowa Department of Transportation requirement for riders under age 16. Instruction is classroom only.

Motorcycle Safety
This course is required to maintain a motorcycle license. Held at Iowa Western Council Bluffs campus. Offered by and registrations taken by ABATE of Iowa.

owi

Moped Safety
It’s essential that beginning moped riders learn and use the proper techniques and safe practices.

Mandated Programs
IWCC Continuing Education offers programs required by local courts and taught by certified instructors:

• Drinking and Driving (OWI)
• Driver Improvement (DIP)
• Adult Education Alternative Diversion Program

TRADESKILLS

Whether it’s becoming a first-time driver, getting a recreational license, opening up career paths, satisfying a court order, Continuing Education provides the professional training you need.

Class A CDL Truck Driving
NEW! Monthly classes! The 5 week class consists of 1 week theory instruction and 4 week “behind the wheel” training. You’ll learn shifting and backing maneuvers on our closed course before you train on public right of way with our professional driver trainer. At the end of the course, you’ll test for your class A CDL. This class meets all FMCSA ELDT guidelines.

Hazardous Materials Endorsement
NEW! This is a 16 hour online FMCSA ELDT compliant class and now required prior to upgrading to a HazMat endorsement.

Proficiency Based School Bus License
NEW! Students need to be sponsored by a School District to register. Training occurs online, at individual school districts and at the IWCC Council Bluffs Campus. Training includes online theory, 16 hours behind the wheel and testing.

Transportation & Logistics

Learn more about programs, contact CE for enrollment assistance, or register online today.

Register online today! ce@iwcc.edu | 712.325.3256

 Pods etc.

Check class dates

Find info @ iwcc.edu/ce
Native Plants
Most of western Iowa was once covered in prairies. Native prairie plants provide many benefits, including improving rainfall infiltration, reducing soil erosion, and providing crucial habitat for pollinators and other wildlife. This class will discuss the importance and benefits of prairies and native plants in the region, how you can incorporate them into your garden, yard, or farm, and where you can go to visit prairies locally.

Retirement Planning Today
An educational course by Trinity Financial Group, for adults ages 50 to 70. Learn how to create a plan to manage your retirement, integrate your finances with your other living arrangements, manage your income to preserve a comfortable lifestyle, make decisions; Planning your retirement, long-term care and end-of-life decisions; Planning your retirement income to preserve a comfortable lifestyle; Affording and enjoying travel, hobbies, sports, and more. Couples may attend for a single tuition cost but must register at the same time.

Instant Piano for Hopelessly Busy People
In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all.

Nutrition 101
How to shop, plan, prepare and store food that is healthier and budget friendly for the single person to a large family unit.

Guided Mindful Meditation
A relaxing guided class starting with a comforting body scan to relax and unwind any built-up tension, followed by a guided visualization journey, breath work, some simple stretching and easy-to-Follow Yoga postures ending with Transcendental Meditation and relaxation techniques.

Yoga-Pilates Fusion
A Pilates class that fuses together 2 amazing disciplines, one focusing on the Core, Pelvic Floor and strengthening those tiny muscles and the other will stretch, elongate and bring calm to our mind and body with postures and breath work.

Strategies to Better Handle Your Triggers, Emotional Eating, and Mindset
Let’s honor our body and be ok with little bumps in the road while learning ways to deal with setbacks then apply those tools to the “real” world. This course is for everyone who wants to know about mindful eating and especially for those with compulsive eating styles, using food as comfort or who may feel shameful or guilty for their relationship with food.

Save the Date
May 2023
Mental Health Conference

Iowa Western Community College
Looft Hall, Council Bluffs

Thursday & Friday May 4 & 5, 2023
More details coming soon!


Need a New Career?
CareerStep, in partnership with IWCC offers online training programs that teach you the skills employers need:
- Medical Coding and Billing
- Medical Assistant
- Medical Lab Assistant
- Professional Bookkeeping
- Help Desk Technician

(877) 255-7151

Are you looking to update your skills, advance in your current career, achieve professional CEUs for licensure renewal or just want to learn for fun? Iowa Western Business & Community Education programs and customized training options can help you achieve your individual or organization’s goals. Depending on your needs as a business, we could also bring classes to you.

iwcc.edu/ce